



Synergy Team Development Services

Since 1989 Synergy has provided hundreds of team development services to a wide range of organisations.

Experience Team Power

These are half and full day team development sessions that can be customized to meet your specific needs and the nature of your group.

- **The Brisbane Line** – During World War II the *Brisbane Line* was created. It was the line that would be defended to the end and across which the enemy would not be allowed to cross!

The *Brisbane Line* is back a new enemy is knocking at the door. Your team must save the day! This is a fantastic, high energy team challenge based right in the heart of the Brisbane CBD. Your team will have to make strategic decisions, manage time as its most important resource, execute its plan flawlessly and gather the missing intelligence and *crack the code* if the *Brisbane Line* is to be held!

Once the fun is over and the dust has settled, your Synergy facilitator will help you identify the performance factors that will help your team move to its next level of effectiveness in the work environment.

- **Rock n Roll Rope** – Dress up and Rock on Baby! Become your favourite Rock God or Goddess and leap into some adventure. This is a 1/2 day session of abseiling and climbing. For Brisbane based clients, Kangaroo Point is the perfect location. For clients elsewhere – we may have somewhere that works – just ask.

Apart from the obvious buzz from meeting this challenge and the fun of dressing up; your facilitator will help you explore the relationship between this powerful experience and your team's current approach and business goals.

Note: This session is best conducted in the cool of the early morning, especially in the summer months.





- **Z Force** – During WWII a small group of elite soldiers were tasked with the mission to destroy enemy shipping on Singapore Harbour. They were captured and executed but not before achieving an astounding feat for which their captors recognised their courage and bravery. Walk in their footsteps with an educational, moderately challenging and enjoyable canoeing challenge on a CBD leg of the Brisbane River. Or, if you have time; an extended mini expedition on the upper reaches of the Brisbane River.



- **AHHH.....Donkey Kong Challenge** – Synergy has a close alliance with Riverglenn: an award winning conference centre on the river at Indooroopilly. Onsite we have a unique High Ropes Course setup that is ideal for teams of up to 20 people. Unlike other ropes courses where the challenge is largely individual, the *Donkey Kong* is designed to put the emphasis on cooperation and support. The session can be tailored to meet the needs of your group and most sessions involve a series of fun team games and activities prior to the Main Event. Challenge by Choice is the operating philosophy for the session and there is a valuable role for everyone to play – regardless of their challenge level preference.



- **Yowurrabah Learning Laboratory** – It does not get any better than this!

If you can afford a full day away from the office there is no better place to build your team than at our exclusive 2500 acre *Yowurrabah Learning Laboratory* in the beautiful *Numinbah Valley*. Step into a mysterious and at times daunting world of team challenges. Our experienced team will custom design a program that will consider both the physical character of your group and the learning outcomes you seek. Your unique program can be built around some of the following team challenges....

- Unique team problem solving challenges. *The Red Machine, The Pit, Shapes Factory, the Wall, Cozmodium, the Magic Pudding*
- Complex Team scenarios that mirror the challenges faced in the modern organisation.
- *The Submarine*
- *Escape from Alcazam*
- High and Low Ropes challenges – the vertical play pen, the giants ladder, the high Vee, the list goes on....
- *The Mega Flying Fox* – 180m of high speed adrenalin
- *The Leap of Faith* – summon the determination to dive for your goal. In this case dive from a very small platform on top of a very high pole....the goal.....a trapeze bar!
- Rock Climbing, Abseiling or Caving on *Turtle Rock*
- Canoeing on beautiful Hinze Dam
- Rafting
- Camping



Here are a few of the short program possibilities on *Yowgurrabah*...

Yowgurrabah - The Eco Challenge

The Synergy "*Eco Challenge*" involving small groups racing against the clock to conquer challenges, collecting "valuable" items and navigating their way to obscure local destinations. This adventurous 6 to 8 hour activity can engage groups of between 6 (a single team) and 100 (divided into smaller teams) in a meaningful and challenging scenario which gives a snapshot of individual and team behaviour.

Appropriate debriefing at the end can often provide "*Aha moments*" at an individual, team and organizational level.

The Advancetown Lake - Aquatics Adventure

People just have to develop a working *modus operandi* or their canoe goes nowhere fast! Add to the pairs' challenge the requirement that the whole team needs to go places and that they must decide where and how and you have a reasonable approximation of the challenges facing all organisations in times of change – and that's pretty well all the time now!

Many options to debrief this challenge are available – from the traditional "group powwow" to the making of a documentary video. Get down to the water in a beautiful setting and see the team's capacity to deal with challenging situations grow.

Yowgurrabah - "Journey to the Centre of the Earth".

Yowgurrabah is home to the largest and most extensive dry cave system in S.E. Queensland. For the right groups, a scenario set in the caves is a challenging and enlightening adventure. Darkness, disorientation and claustrophobia combine to provide a shared experience which few are likely to forget!

Longer Programs and Experiences

It is not uncommon for teams to extend the experience with a camping or bunkhouse overnight stay. Multi day programs that incorporate facilitated indoor sessions are also very common and are highly effective.

Experiential Learning Challenges

Your place or ours?

Experiential learning is a fantastic way to build a team! While it is great to be able to get out of the office and away from the work environment, this is not always possible. Many of our unique team challenges can be brought to your office or to a park or conference centre nearby.

Over the last 15 years Synergy has provided team development programs as far afield as Perth, Melbourne, Alice Springs / Central Australia, Darwin and Papua New Guinea.

Coming to you or your venue is no problem for Synergy!

Team Development Tools

Synergy's facilitators can enhance your experiential learning experience with a number of highly regarded team effectiveness tools. For example:

- *Myer Briggs Type indicator*
- *TMP – Team Role Preference indicator*
- *Belbin Team Role*
- *Birkman*
- *Team Performance Profile*
- *Facilitated review and planning sessions.*
- *QO2 Profile*
- *Strategic Team Development Profile*

Many clients choose to divide their investment between *active experiential learning activity* and *facilitated indoor sessions* that help the team to understand and value the *style diversity* that exists in their team.